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### **Nopalitos salad**

*For this recipe you will need:*

- 2 large nopal pads
- ½ large onion, sliced
- 2 fresh Roma tomatoes, cubed
- 1 TBSP fresh chopped cilantro
- 1 jalapeno pepper, deveined and chopped (optional for hotness)
- 1 avocado, cubed
- juice of one lime
- salt

*Preparation:*

1. Clean nopales with a peeler or a small paring knife. Make sure to remove all the thorns and nobs paying special attention to the edges of the pads.
2. Cut in bite size pieces and boil with onion for 20-25 minutes or until tender. Add salt to taste. Drain.
3. Mix with the rest of the ingredients in a salad bowl and refrigerate until cool.
4. Serve with your favorite dinner and enjoy.

**Buen provecho!**